

## **Study Guide**

### **What If I Organized My Life?**

**We all have access to the same amount of \_\_\_\_\_ every day of our lives.**

***Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. (Ephesians 5:15 ESV)***

**If your life management is not there, what are three general problems you will create for yourself**

**A. Wasting time is wasting life.**

**B. Wasting time causes you to miss opportunities.**

**When you're doing today what you should have done yesterday, that limits the \_\_\_\_\_ that God can bring into your life today.**

**C. Wasting time leads to regrets.**

**Since time equals life, using your time well means using your \_\_\_\_\_ well.**

**Who do you want to be today?**

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**Every day gives you the opportunity to move in the direction of your \_\_\_\_\_.**

**What is the end result of ineffective life management? \_\_\_\_\_.**

**What can be the consequences of stress?**

**Mentally? \_\_\_\_\_**

**Physically? \_\_\_\_\_**

**Spiritually? Gradual separation from God.**

## **HOW TO PUT LIFE ORGANIZATION INTO PRACTICE**

**1. Start building routines into your daily life.**

***In the morning, O LORD, you hear my voice; in the morning I lay my requests before you and wait in expectation. (Psalm 5:3)***

**2. Give the best things your best time.**

***Teach us to number our days aright, that we may gain a heart of wisdom. (Psalm 90:12)***

**Make the best use of your time. And that means give the best things your \_\_\_\_\_.**

**3. Choose a better way to waste time.**

**The key is to find a way to use your \_\_\_\_\_ - \_\_\_\_\_ in a way that continues to build you up.**