

## **Fruitable #1 The Key To Transformation**

**Text: Galatians 5:22,23**

**Spiritual maturity \_\_\_\_\_ is not based on the opinions you derive; it's based on the life that you live, and the person you are.**

**True spirituality – spiritual maturity – is marked by Christian character, and Christian character is defined, to a great extent, by how you treat others.**

**Ref: Colossians 1:9,10**

**These nine qualities of spiritual fruit \_\_\_\_\_ define the person that God wants you to be, more than anything else.**

**We often refer to the fruits of the Spirit, as if there are nine of them, but Paul actually refers to the fruit – singular – of the Spirit. All nine go together and build on one another. Ref: Galatians 5:22-23**

**These qualities exist in your spiritual DNA, so to speak, because you are a new creature \_\_\_\_\_ in Christ and the Holy Spirit is living within you.**

**1. Prepare Your Heart. Ref: 2<sup>nd</sup> Chronicles 12:1  
When I say "prepare your heart," I'm talking about preparing yourself for growth. How do you do that?**

- **It begins with prayer — simply asking God to make these qualities come alive in your life.**
- **You also prepare your heart by spending time in the Word.**

**When you read the Bible, God speaks to y\_\_\_\_ about y\_\_\_\_\_.**

## **2. Prune Away Every Obstacle.**

**You constantly need to be pruning and thinning away anything that stands in the way of your growth.**

**Is this way of doing things taking me closer to my ultimate goal of becoming a spiritually mature follower of Jesus Christ?**

**This is the kind of pruning that is necessary if we are to grow into the fullness of Jesus Christ. Ref: Hebrews 12:1 ESV**

## **3. Practice Each Quality.**

**You can't become spiritually mature by your own e\_\_\_\_\_. Neither can you become spiritually mature without your own effort.**

**You can't do it by your own effort; neither can you do it without any effort at all. Ref: Philippians 4:9**

**What you are willing to practice, God will bring to perfection.**

**Do you know what you call the daily cultivation of the spiritual life? "Walking in the Spirit" Ref: Galatians 5:26**

**Holy Spirit, I pray that this day you will fill me with yourself and cause your fruit to ripen in my life: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.**